

Age Related Macular Degeneration & Visual Performance Assessment

Name _____

DOB _____

Age _____

Exam Date _____

AMD Risk Factors

(Please check all that apply)

- Age (over 50)
- Family history of Macular Degeneration
- Smoker (current or prior)
- Cardiovascular disease
- Light colored eyes
- Female
- < 5 to 9 Servings of fruits and vegetables per day (essential to healthy macular pigment)
- Outdoor occupations or extensive use of computer, tablet or smartphone (blue light damage to eyes)
- Overweight

Visual Performance Challenges

(Please check all that apply)

- Night driving difficulty
- Discomfort due to glare (day or night)
- Sensitivity to bright light (day or night)
- Difficulty seeing objects against their background (contrast sensitivity)

Retinal Photography

This technology combines retinal photography with computerized imaging to allow instant viewing of the retina and the optic nerve in great detail. Both the doctor and the patient see the images on a computer monitor. This method of examining and documenting the retina promotes early diagnosis of abnormal conditions, which could prevent permanent vision loss. An additional benefit of retinal imaging is that we store the pictures permanently and compare them against any future changes.

QuantifEye MPS II

The QuantifEye MPS II Instrument can assess a key risk factor for developing age-related macular degeneration (AMD) by measuring the density of pigment present in your macula. Low macular pigment may also contribute to visual performance challenges. By determining your macular pigment optical density (MPOD) we can better understand your risk for AMD and visual performance challenges.

FOR OFFICE USE

PATIENT RISK DETERMINATION

of AMD Risk Factors _____

of Visual Performance Factors _____

MPOD Score _____ L / R

< .50

> .50

Lower Range

Higher Range

I ACCEPT

Retinal Photo - \$40

MPOD - \$25

Both Tests - \$49

(Recommended, save \$16)

I'd like to discuss with the doctor